

1. Title of the certificate ^(en)

CPCAB Level 5 Diploma in Psychotherapeutic Counselling (PC-L5)

⁽¹⁾ In the original language

2. Translated title of the certificate ^(de)

⁽¹⁾ If applicable. This translation has no legal status.

3. Profile of skills and competences

Core Units:

There is 1 mandatory unit: Counselling in independent practice

Learning outcomes

The learner will be able to:

- Work safely, legally and ethically as an independent counsellor
- Work with complex aspects of the counselling relationship
- Use theory and research to work with client diversity in independent practice
- Use a coherent approach to respond to the needs of individual clients
- Work with self awareness as an independent practitioner
- Use theory, research and skills within a coherent framework for independent counselling practice
- Monitor and maintain professional effectiveness as a counsellor in independent practice

Optional Units:

There are no optional units

4. Range of occupations accessible to the holder of the certificate ⁽¹⁾

To work as an independent autonomous practitioner. By independent, CPCAB means that the counsellor must exercise autonomy in their role. This could be as; a counsellor in independent (private) practice, a senior counsellor in an agency/organisation, a private practitioner working for an external organisation (e.g. a prison service), a counsellor working within an Employee Assistance Programme (EAP).

This qualification will enable successful candidates to work as counsellors in a range of job and career opportunities, which include but are not limited to:

- An autonomous counsellor in private practice or agency settings.
- Work as a senior counsellor within a counselling agency.
- The graduate may choose to diversify into the area of teaching counselling within a FE or HE context providing they hold suitable teaching experience or qualifications.

⁽¹⁾ If applicable

^(*) Explanatory note

This document is designed to provide additional information about the specified certificate and does not have any legal status in itself. The format of the description is based on the following texts: Council Resolution 93/C 49/01 of 3 December 1992 on the transparency of qualifications, Council Resolution 96/C 224/04 of 15 July 1996 on the transparency of vocational training certificates, and Recommendation 2001/613/EC of the European Parliament and of the Council of 10 July 2001 on mobility within the Community for students, persons undergoing training, volunteers, teachers and trainers.

More information available at: <https://europa.eu/europass/en/recognition-skills-and-qualifications>

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5. Official basis of the certificate

<p>Name and status of the body awarding the certificate Address: Counselling & Psychotherapy Central Awarding Body (CPCAB)</p> <p>PO Box 1768, Glastonbury, Somerset. BA6 8YP</p> <p>Telephone: 01458 850350</p> <p>Website: www.cpcab.co.uk</p> <p>E-mail: contact@cpcab.co.uk</p> <p>(CPCAB is a recognised Awarding Organisation in the United Kingdom.)</p>	<p>Name and status of the national/regional authority providing accreditation/recognition of the certificate</p> <p>Name: Office of Qualifications and Examinations Regulation</p> <p>Address: Earlsdon Park, 53-55 Butts Road, Coventry, CV1 3BH</p> <p>Telephone: 0300 303 3344</p> <p>Website: www.ofqual.gov.uk</p> <p>E-mail: info@ofqual.gov.uk</p>
<p>Level of the certificate (national or international) Level 5 in Qualifications & Credit Framework (QCF) Level 5 (EQF)</p>	<p>Grading scale / Pass requirements Grading scale - Pass Tutor assessment of candidate portfolio evidencing minimum assessment requirements.</p>
<p>Access to next level of education/training Provides access to Open University's Foundation Degree, Level 6 Certificate in Therapeutic Counselling Supervision and other higher level (HE) counselling qualifications.</p>	<p>International agreements N/A</p>
<p>Legal basis N/A</p>	

6. Officially recognised ways of acquiring the certificate

Description of vocational education and training received	Percentage of total programme (%)	Duration (hours/weeks/months/years)
School-/training centre-based	61.50	120
Workplace-based	38.50	75
Accredited prior learning		
Total duration of the education/ training leading to the certificate		195 hours

Entry requirements

Candidates must have achieved the CPCAB *Level 4 Diploma in Therapeutic Counselling* (TC-L4) or its RPL equivalent (minimum 420 Guided Learning Hours), in addition to appropriate pre-TC-L4 (or equivalent) training.

Additional information

The qualification has been rated at 46 credits.

Full qualification details are available on the register; [The Register of Regulated Qualifications: CPCAB Level 5 Diploma in Psychotherapeutic Counselling \(RQF\) details \(ofqual.gov.uk\)](#)

More information (including a description of the national qualifications system) available at:

[Home Page \(enic.org.uk\)](http://enic.org.uk)

National reference point

<http://www.uknrp.org.uk>